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newsletter will provide you with information and resources that are beneficial to your foot and ankle needs. Please feel free to forward this free newsletter to anyone you think will benefit from its content. Your feedback and editorial contributions are always welcome. Please send them to brendan@atlanticfeet.com

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specialists

FEBRUARY 2014

# Don't Hide Your? Toenails this Sum

If you are one of the millions of Americans who suffer with chronic, disfiguring toenail fungus infection, there is new hope for you. In the past the only treatment options available to patients with this condition were topical anti fungal medications which don't usually cure the problem or pill anti fungal medications which can have potential serious side effects. A new treatment using innovative laser technology has been shown to be effective at eliminating this frustrating problem, without any significant side effects. The doctors at Atlantic Foot and Ankle Specialists have used this treatment for several years with excellent results. We offer the latest laser technology to give our patients the best results possible.



The laser uses a wavelength of energy that has been scientifically shown to kill fungus without harming human skin or nails. The treatment is quick, painless and does not require any injections or anesthesia. Laser treatment has been shown to be an effective, safe and reliable treatment option. A series of treatments is required for most patients and clearer nail growth may be seen after 3 months. The growth of a new toenail may take from 6 months to up to a year.

Patients who need to have a normal appearing nails now may consider the KeryFlex nail restoration system. This new technique offers immediate improvement in the appearance of nails damaged by fungus. The technology involves the removal of a portion of the damaged nail with application of an acrylic nail fused to the nail bed using a special frequency of ultraviolet light.

# W SAVANNAH OFFICE IS ON THE

We are excited to announce that we've just broken ground on a new office location in Savannah! This is great news, especially for our patients. The new facility will have twice as many exam rooms as well as physical therapy available on site! Stay tuned for pictures and updates on our journey to a brand new Atlantic Foot & Ankle office in Savannah!

# Join Us For An Open House!

We would be just tickled pink if you joined us for the grand opening of our brand new foot spa, Soothing Soles Medi-Spa.



Expect some yummy sips and some sweet treats, as well as free foot spa

Tour our new spa facility and speak to our spa tech on site, to hear about all the decadent treatments we have for your feet!

What: A Grand Opening When: Thursday Feb. 13th Where: 300 New River Parkway

Suite 21, Hardeeville

Who: You!

### Our Services

- · Ingrown Nails
- · Heel / Arch Pain
- · Hammertoes
- · Bunions / Toe Deformity
- · Neuroma / Warts
- · Foot / Ankle Injury
- · Plantar Fasciitis/ Tendonitis
- · Intoeing/ Outtoeing/ Flatfoot
- · Diabetic Foot Care
- · Arthritis: Gout/ Rheumatoid
- · Corns & Calluses
- · Custom Orthotics
- Sports Injuries
- · Shockwave Therapy (ESWT)
- · Laser Nail / Wart Treatments
- · Sterile Pedicure Spa
- · Vascular Studies
- Digital X-Rays
- · Shoe Store
- · Wound Care Clinic
- · Cysts & Tumors
- · Gait Analysis ... and more!

# FEBRUARY GALENDA

## Savannah Black Heritage **Health Fair**

Sat. Feb. 8th 11am - 2pm Savannah Civic Center 301 W. Oglethorpe Ave, Savannah, GA

## Soothing Soles Grand Opening

<--- see there

### GSU LiveWell Fair 2014

Wed. Feb. 19th 10am - 2pm Russell Union, GSU Statesboro GA

