



SPRING 2026



ATLANTIC
foot & ankle
specialists



912-988-3323

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FEATURED ARTICLES

April Focus: Why Foot Health Deserves Attention



April is Foot Health Awareness Month, a time dedicated to recognizing the essential role our feet play in overall health and mobility. Despite carrying us through thousands of steps each day, feet are often overlooked until pain or dysfunction appears. Prioritizing foot health is not simply about comfort.

[Click Here to Read More](#)

The Dos and Don'ts of Sports Injuries: Protecting Your Feet and Ankles

As winter fades and spring activity ramps up, many people return to outdoor runs, field sports, court games, and weekend recreation. With longer days and better weather comes a surge in movement, and unfortunately, a rise in foot and ankle injuries.

[Click Here to Read More](#)



WE ARE HIRING

Looking to Grow Your Career in Healthcare?

Join our dedicated team and make a real difference in patients' lives. We currently have exciting opportunities available:

- 👤 **Medical Assistant** – Provide hands-on patient care and support in a collaborative, professional environment.
- 👤 **Medical Receptionist** - Serve as the face of the practice, utilizing strong computer skills to manage phone calls and appointment scheduling, verify insurance benefits, accurately input codes, and collect patient payments.

- ✦ What We Offer:
 - ✓ Competitive pay
 - ✓ Supportive team culture
 - ✓ Opportunities for growth and stability

✉ Apply today and take the next step in your career with Atlantic Foot & Ankle Specialists! Email your resume to: accounting@atlanticfeet.com

[Contact Us](#)

MEET OUR DOCTORS



DR. TODD NEWSOM



DR. MELISSA ROBITAILLE

[Read More Here](#)

No health insurance or high deductible health insurance? No Problem.

Our office is very sympathetic to people with foot or ankle pain or problems who do not have insurance or have a high deductible. No matter your coverage, you deserve high quality care. Our staff will work with you to help get you the podiatry care or surgery you need to stop your foot pain. We can offer affordable cash payment plans and a discounted price for most services for established patients who do not have insurance or have a high deductible.

To find out how we can help, call our office at 912-988-3323.



Hello Spring



RECIPES OF THE MONTH



Rack of
LAMB

[Click Here for the Full Recipe](#)

Recipe courtesy of thepioneerwoman.com



MACAROONS

[Click Here for the Full Recipe](#)

Recipe courtesy of thepioneerwoman.com

YOUR APRIL CALENDAR HIGHLIGHTS



April 1-9 – Passover: For seven to eight days, all leavened products—bread, pasta, cookies, and even beer—are strictly forbidden, creating a "leaven-free" zone in homes.

April 1 - April Fool's Day: In the UK and Canada, it is traditional for pranks to stop at noon.

April 2 – World Autism Awareness Day: Autism affects approximately 1 in 36 children in the U.S., with boys five times more likely to be diagnosed than girls.

April 5 – Easter Sunday: In 2017, the world's largest chocolate bunny was created in Brazil, weighing over 9,359 pounds.

April 11 – National Pet Day: 26% of pet parents throw birthday parties for their pets.

April 22 – Earth Day: Organizers chose this date in 1970 because it fell between college spring breaks and final exams, making it easier for students to participate.

April 26 – Arbor Day: A mature tree can provide the cooling effect of 10 room-sized air conditioners.



[REQUEST AN APPOINTMENT TODAY!](#)



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Need more info?

Mon: 8:00 am – 5:00 pm
Tues: 8:00 am – 5:00 pm
Wed: 8:00 am – 5:00 pm
Thurs: 8:00 am – 5:00 pm
Fri: 7:00 am – 2:00 pm

[CONTACT US →](#)

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