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FALL 2026

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ATLANTIC
foot & ankle
specialists

912-988-3323

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FEATURED ARTICLES

World Arthritis Day:
Is Arthritis Causing Your Foot or Ankle Pain?

October 12 is **World Arthritis Day**, a time to raise awareness about arthritis and how it can affect everyday movement and quality of life. While many people associate arthritis with the knees, hips, or hands, it can also affect numerous joints throughout the feet and ankles.

Click Here to Read More

Halloween Costume Hazards That Can Lead to Foot and Ankle Injuries

Halloween means costumes, parties, trick-or-treating, and plenty of time on your feet. Whether you are dressing up for a Halloween event or helping your kids get ready to collect candy, the wrong costume choices can increase the risk of trips, falls, blisters, and foot or ankle injuries.

Click Here to Read More

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We're growing our team in **Pooler, GA**, and we're looking for a friendly, dependable person to join us as a **Front Office Coordinator**! At Atlantic Foot & Ankle Specialists, we hire for attitude and passion and train for skills. We're looking for dependable, positive individuals who enjoy helping others and working as part of a team.

To apply, please email a resume and cover letter to accounting@atlanticfeet.com.

Thank you for helping us spread the word!

SCHEDULE YOUR
MEDICAL PEDICURE
TODAY!

Atlantic Foot & Ankle Specialists now offers medical pedicures, a medical spa treatment for feet. We offer several different customized foot treatments all of which are performed in a safe and sterile environment and the highest levels of hygiene are maintained with sterilized and disposable instruments.

Click here to Learn More or Make an Appointment

MEET OUR DOCTORS

DR. TODD NEWSOM

DR. MELISSA ROBITAILLE

Read More Here

No health insurance
or high deductible
health insurance?
No Problem.

Our office is very sympathetic to people with foot or ankle pain or problems who do not have insurance or have a high deductible. No matter your coverage, you deserve high quality care. Our staff will work with you to help get you the podiatry care or surgery you need to stop your foot pain. We can offer affordable cash payment plans and a discounted price for most services for established patients who do not have insurance or have a high deductible.

To find out how we can help, call our office at 912-988-3323.

HAPPY
HALLOWEEN

RECIPE OF THE MONTH

Pumpkin
BREAD
WITH MAPLE GLAZE

Click Here for the Full Recipe

Recipe courtesy of tomadoughall.com

YOUR OCTOBER CALENDAR HIGHLIGHTS

October 1-31 – Breast Cancer Awareness Month: Only about 5% to 10% of all breast cancers are linked to inherited gene mutations. The vast majority occur in people with no family history.

October 5 – World Teachers Day: Teachers work an average of about 50 to 53 hours each week, often starting long before the bell rings and grading papers at home.

October 10 – World Mental Health Day: Mental health conditions affect millions of people, with about 1 in 5 U.S. adults experiencing a mental illness each year.

October 11 – International Day of the Girl Child: Globally, **one in four** girls aged 15–19 is neither in education, employment, nor training, compared to only one in ten boys.

October 12 – World Arthritis Day: While often associated with older adults, arthritis can affect anyone at any age, including young children and teenagers.

October 15 – Global Handwashing Day: Studies estimate that only about 19% of people worldwide wash their hands with soap after using the toilet.

October 24 – United Nations Day: In many schools around the world—especially in the Philippines—students celebrate the day by wearing the traditional clothing of different countries.

October 31 – Halloween: If you ever felt like your parents were stealing your hard-earned Halloween haul, you were right. National polling shows that roughly **81% of parents** openly admit to sneaking candy from their children's trick-or-treat bags.

REQUEST AN APPOINTMENT TODAY!

Atlantic Foot & Ankle Specialists

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Need more info?

CONTACT US →

Mon: 8:00 am – 5:00 pm

Tues: 8:00 am – 5:00 pm

Wed: 8:00 am – 5:00 pm

Thurs: 8:00 am – 5:00 pm

Fri: 7:00 am – 2:00 pm

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